

MONTHLY BOARD MEETING MINUTES

October 24, 2016

Mental Health Board

Members in Attendance

Bartley, David
Behrens, Sharon
Cataldo, Lisa
Stanners, Sharon
Thickens, Theresa

Staff and Guests

Allinger, Tony	Madsen, Elizabeth
Bauman, Maureen	Osborne, Marie
Cirillo, Gregg	Wierenga, Dianne
Filla, Stacci	
Jones, Janna	

Absent Members

Bond, Yvonne
Holmes, Jim
McLennan, Geoff

Welcome and Introductions

Theresa Thickens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:17 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – *Not read into the minutes*

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Advisory Board (MHADAB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

❖ Training: Theresa Thickens, MHADB Chairperson – *MHADAB Bylaws and Member Handbook*

- Provided a PowerPoint presentation to assist in reviewing the Member Handbook (both were provided to members), pulling highlights from each of the areas contained within the handbook.
- The Member Handbook is an integral part of learning about the Board, how we function, what our purpose is, where the authority for the Board comes from and what it includes.
- Board was established in 1991 in accordance with the California Welfare and Institutions Code (W&I) 5604.2 as a result of the Bronzan- McCorquodale Act. The idea was to provide a venue for citizens to participate and review planning and development of public mental health services.
- The Board is based on collaboration and advice.
 - We are not an executive board but rather an advisory board.
 - We do not make personnel recommendations or decisions.
 - The Board does review system issues.
- Theresa Thickens highlighted the roles and responsibilities of the MHADAB.

- The Board's role is to review and evaluate county mental health needs, services, facilities and special interests.
- Standing committees – Executive Committee; Adult Services; Children Services; and Alcohol and other Drugs. There is no longer a separate Quality Improvement Committee – it has been incorporated into all committees' work.
- Members' role is to be a committed trusted advisor and explained that quality assurance is very important and a big part of the members' role.
- Oversee and monitor the local mental health systems (Adult and Children's System of Care) and other systems that may have shifted from state to county responsibility or county to other agencies. Oversight is a big part of the Board's responsibility.
- Advocate for best services for serious mental illness and serious substance abuse issues.
- Provided a brief history of mental health delivery and funding, which dates back to 1957.
- Placer County is one of the few counties that offer integrated care.
- Mental Health Services Act (MHSA) monies support both traditional and non-traditional mental health services. Funding categories:
 - Community Services and Support; Capital Facilities and Technological Needs; Workforce, Education and Training; and Prevention and Early Intervention and Innovation.
- Pointed out the listing of significant legislation and statutory mandates, including a brief description of each, are included in the handbook.
- W&I Code 5604.2, verbatim, is included in the handbook.
- Encouraged members to read the Member Handbook.

Secretary/Treasurer's Report

- Approval of the September 26, 2016 Public Hearing and Regular Board Meeting Minutes.
Sharon Stanners made a motion to approve the minutes as distributed, Lisa Cataldo seconded. Motion carried.
- **Approval of Treasurer's Report** - \$1,500 - Amount budgeted for Fiscal Year 2016-17.
Expenditures for the month of September include: \$53.63 – catered meal, leaving a balance of \$1,252.88.
David Bartley made a motion to approve the Treasurer's Report as read, Sharon Stanners seconded. Motion carried.

Standing Committee Reports

- ❖ **Executive Committee** – Theresa Thickers
 - No action taken.
- ❖ **Alcohol and Drug (AOD) Committee** – Sharon Stanners
 - Stacci Filla attended the committee meeting in Sharon Stanners' absence. Amy Ellis was in attendance and talked about substance abuse treatment providers and discussed the Drug Medi-Cal 1115 Waiver. Amy Ellis gave an overview of Methadone and Suboxone.
 - Maureen Bauman, related to overdose, noted that the distribution of Naloxone is being reviewed. It's the drug that blocks or reverses the effects of the opioid drug in the system.
 - Theresa Thickers noted a new SAMHSA (Substance Abuse and Mental Health Services Administration) APP for overdose treatment.
- ❖ **Children's Committee** – Sharon Behrens
 - The committee received and reviewed the draft report of the Placer County Memorandum of Understanding in regards to Commercially Sexually Exploited Children and Youth. Looking at who will conduct the screening and who will provide services. This exploitation of children is now being viewed as an abuse of a child.
 - Reviewed the Trauma Informed Care Program - Sprouts (for children ages 2-6). A new brochure has been created and will be distributed to potential providers who would like to make a referral to the program (*passed around for review*). The Sprouts program has an advisory board that represents funding sources, schools, mental health, etc. Reported on receipt of three referrals from Sacramento County.
 - Reported on receiving 32 hours of federal training about creating coalitions on relationships, grant writing and on sustainability – how to create sustainable programs.
 - Announced that Sharon Stanners has joined the committee.

- ❖ **Adult Services Committee (ASC)** – David Bartley on behalf of Yvonne Bond
 - Curtis Budge, ASOC Program Manager, is bringing information on the actual number of phone calls and number of mobile crisis responses to see where the services actually land. On average, the Adult Intake Line receives 2,500 calls a month.
 - Continued discussions on housing - Pamela Boss, Turning Point, provided a presentation.
 - One of the program objectives of the committee is to get more understanding about housing, differentiating between public, program specific, board and care, etc. and put it all together and disseminate the information to the public.
 - The real purpose is to get an understanding of what is available and what are the services being provided by the county on an ongoing basis - fact gathering meeting.
 - Yvonne Bond will provide a report on the Napa State Hospital visit at the next MHADAB meeting.

Board of Supervisor (BOS)-Representative

- ❖ Supervisor, Jim Holmes reported on the following:
 - Not in attendance.

Correspondence and Announcements

- ❖ Theresa Thickers reported on the following:
 - Email sent to members regarding the change of date for the California Association of Local Behavioral Health Boards and Commission regional meeting.

Director's Report

- ❖ Maureen Bauman reported on the following: (*Hard copy distributed*)
 - Provided information on the Whole Person Care Pilot Program, which goes to BOS October 25, 2016.
 - It is an 1115 Waiver with the Department of Health Care Services.
 - Targets people who are homeless as well as seriously mentally ill.
 - Focus on people who are high utilizers to reduce emergency room visits or other use of Medi-Cal reimbursable services that could be provided sooner, requiring a lower level of care.
 - The grant is a way to add some significant resources to address the homeless population.
 - Will also work with people that have different health issues.
 - Expecting a start date in January 2017.

Unfinished Business

- ❖ Recruitment/Visibility (*Standing agenda item*)
 - Distributed the final Fiscal Year 2015-16 Annual Report to the BOS.
- ❖ Review and Approval of the Updated MHADAB Bylaws [**Action Item**]
 - Theresa Thickers reported on the process taken in amending the bylaws. Members approved the updates; they now go to the BOS for final approval.
 - Ms. Thickers reviewed the changes made to the MHADAB Bylaws, which were also previously distributed to members.

Sharon Stanners made a motion to approve the amended MHADAB Bylaws, recommending they proceed to the Board of Supervisors for final approval, David Bartley seconded. Motion carried.

- ❖ Quality Improvement Test Calls
 - The spreadsheet was included in members' packet. The spreadsheet was originally distributed with fabricated numbers.
 - While the numbers for August are now correct, the numbers for July are still fictitious.
 - Working with ASOC staff to track and report how many calls are being made, what categories still need attention, and to track which committee is scheduled for its monthly test calls.
 - Each month, 3 or more calls are to be made by the MHADAB.
 - Schedule: October - Children's Committee; November - Adult Services Committee; December – AOD.
 - Anyone can make calls, any month.
 - Marie Osborne noted the quarterly report is due to the state the end of October.

New Business

- ❖ Vote on Appointment of following applicants to the MHADB [**Action Item**]
 - Gregg Cirillo, Consumer Member; and 2) Tony Allinger, Public Interest Member.
 - Each applicant provided a brief history on their background and what brings them to the MHADAB.

- The Executive Committee interviewed both applicants and recommends their appointment to the MHADAB.
Sharon Behrens made a motion, recommending the BOS approve the appointment of both applicants to the MHADAB, Sharon Stanners seconded. Motion carried.

- ❖ Proposed 2017 Meeting Schedules – Executive Committee and Regular Board Meeting
 - The proposed schedules were distributed to members in their packet for review.
 - Discussed options for the November, 2017 meeting date.
 - Consensus reached to have the meeting on November 13, 2017.
 - Agreed to leave the Annual Workshop/Retreat date as identified – Friday, May 19, 2017.

- ❖ Contract [Action Item]
 - Maureen Bauman provided an overview of the below revenue agreement.
 - California Department of State Hospitals for the Conditional Release Program.

David Bartley made a motion to move the revenue agreement forward to the BOS for approval, Lisa Cataldo seconded. Motion carried.

- ❖ Policy Development
 - Site Visits
 - Board of Supervisor Contacts
 - The Executive Committee recommends creating a written policy, outlining steps to be taken when planning a site visit.
 - Sharon Behrens reminded members about the previously developed form that is designed to capture details related to site visits, including destination, what the intent is, goal, etc.
 - Theresa Thickers noted the same site visit form could also be used when visiting the BOS. This would be used to coordinate with staff at the site and to facilitate contact, not to eliminate contact.
 - Identified the ad hoc committee to work on the written policy: Sharon Stanners, Sharon Behrens, Greg Cirillo and Maureen Bauman.

Board Member Comments

- ✧ Lisa Cataldo welcomed new board members.
- ✧ Sharon Behrens sits on the leadership committee of the Coalition of Auburn Lincoln Youth (CALY) and reported they received the grant funding for three years. They will be looking at Prevention and Early Intervention programs for funding within Auburn and Lincoln. CALY is being mentored by Nevada County and are in the mentorship phase. CALY is funded under the Community Anti-Drug Coalitions of America.

Public Input

- ✧ Gregg Cirillo reported on an event he assisted with, which included non-profits and government entities – a homeless connect, hosted by HHS in conjunction with the Placer Consortium of Homelessness. Mr. Cirillo reported on collaboration in getting people services and serving food to approximately 200 homeless people. He is involved in different meetings regarding the homelessness and has been very impressed with the collaboration and groups coming together on the homeless issues.
- ✧ Elizabeth Madsen asked about the MHADAB's membership capacity, noting she would like to join the Board. Theresa Thickers reported that until the MHADAB Bylaws are officially changed, the number of members remain at 16.

Adjournment

- The meeting was adjourned at 8:12 p.m.
- **TUESDAY**, November 1, 2016, at 4:00 p.m. is next Executive Committee meeting (ASOC).
- Monday, November 14, 2016, at 6:15 p.m. is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

Secretary/Treasurer, Mental Health, Alcohol and Drug Board